



VFW AUXILIARY DEPARTMENT OF MARYLAND
VETERANS & FAMILY SUPPORT PROGRAM
FRANCINE CORNISH
DEPARTMENT CHAIRMAN 2026-2027

Promotional Report September 2026

Our National Ambassador, Beth West, asks, “Aren’t we all a veteran of a veteran?” Supporting a veteran, spouse, or family member through ups and downs of trauma recovery takes emotional energy, patience, and resilience.

SELF-CARE MATTERS

When someone we care about is living with physical or mental health conditions, our instinct is to show up fully: to listen, to help, to fix, to be there at every turn. It’s a beautiful instinct. It’s also one that can quietly wear us down if we’re not careful.

Taking care of yourself isn’t a distraction, it is part of caregiving. Organizations like the VFW Auxiliary exist precisely because no one should have to carry the responsibility of caring for a veteran or military family member in isolation. Programs supporting military veterans families, along with peer networks, local resources, and community events, are there to help lighten the load. The Veterans Administration provides valuable information and resources at www.caregiver.va.gov. Start there and then, reachout to your local agencies and providers to learn how we can help.



IMPORTANT TO KNOW

24/7 CRISIS SUPPORT VETERANS CAN CALL, TEXT 27/7/365





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GOOD TO REMEMBER

Your efforts to promote the VFW resources for veterans, service members and their families will be rewarded!

Veterans Family Support National Program Award No. 1 Is a citation and \$25.00 to one VFW Auxiliary in each of the 10 Program Divisions for the most outstanding promotion of VFW resources for veterans, service members and their families. Entry deadling is March 31, 2027. More information is available at vfwauxiliary.org under Veterans & Family Support.

OFFICERS & MEMBERS TRAINING-July 2026

Thanks to everyone who stopped by the Veterans & Family Support display. More than half of the Department auxiliaries signed in..a great start to the new Auxiliary Year!



REPORTS

CONGRATULATIONS! FIRST Veterans & Family Support received from Jackie Kimball, Wicomico County Memorial Auxiliary 10159 Keep it up!

Please continue to send your reports of all your good works! I need to know!
Thank You. Francine Cornish fcornish@comcast.net